

EXCHANGE DAY GUIDELINES

WHAT TO WEAR TO THE HELIPAD



Dear CMH Guests:

We're thrilled you're joining us on an upcoming trip and are sending this friendly note to make sure you're prepared for the whole experience - which includes your exchange day helicopter flight into the lodge.

Many of the CMH helipads are in remote locations with minimal services and it is possible that you could be exposed to cold temperatures and mountainous conditions over the course of your exchange. Together with our partners at Alpine Helicopters, we've developed the following guidelines to prepare you for the weather you could be exposed to during exchange day events. These guidelines are intended to ensure your safety and comfort as well as support an efficient transfer day into the backcountry.

Whether you're a long-term guest or it's your first time visiting CMH, please pay careful attention to the following guidelines.

WE ASK THAT ALL "FLY-IN" GUESTS COME PREPARED TO THEIR SCHEDULED TRANSFER WITH THE FOLLOWING WINTER CLOTHING:

FOOTWEAR	✓ Sorel-style, hiking boots, etc	✗ Runners, sneakers, loafers, sandals, dress shoes
HEADWEAR & GLOVES	✓ Toque, wool hat, ski gloves	✗ Ball caps, headbands
JACKET	✓ Shell or Insulated Insulated mid-layers are also recommended when wearing a shell	
PANTS	✓ Long, casual pants or base layer (long underwear)	
OUTDOOR PANTS	✓ Ski pants - must be available to put on at the helipad	

FAILURE TO WEAR THE REQUESTED ITEMS LISTED MAY RESULT IN TRANSFER DELAYS.

CMH/Alpine reserves the right to hold back guests that are not compliant to the dress code stated.

Come prepared, stay warm and help us get you to the skiing on time! We appreciate your attention to this request.

Thank you from CMH and Alpine!